

*"Believe, Be Open, Be Willing to be Surprised!"*

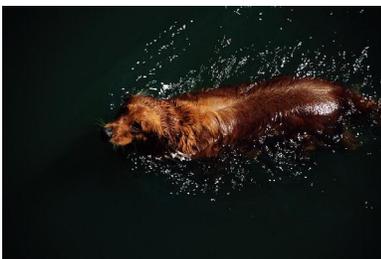
## What's Up With Animals?

The Bimonthly Animal Communication Newsletter

July 2007

Highlights  
 Summertime Alert!  
 Upcoming Events  
 Telepathy Helps Ease a Move  
 Until next time!

### **Summertime Alert** **for Dogs Who** **Swim**



***"Freshwater ponds, lakes and streams could be deadly to your water dog if they contain toxins borne by blue-green algae.***

Dear Maureen,

Welcome to the July issue of *What's Up With Animals*, my bimonthly animal communication newsletter, written from my heart to yours.

I'm so pleased to have had the opportunity to observe dog trainer Darlynn Tracy-Oberg in action at her wonderful facility, [The Right Paw](#), in Princeton MA, where I was a guest at her Puppy Graduation ceremony on June 22nd. You can learn more about Darlynn's methods and successful "lure and reward" technique in the profile below.

My wish is to provide information about people and organizations who are working to help, comfort, or save animals, and also, to share tips and stories that will help you to become empowered to communicate with your own creature companions.

I know you share that goal, and I send this newsletter in a spirit of gratitude for the animals who bless our lives each day.

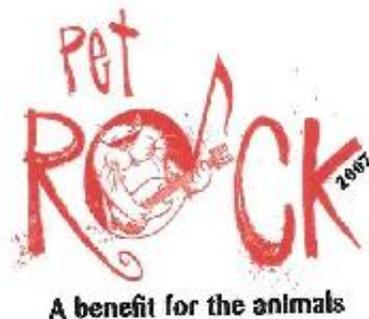
**Maureen Harmonay**

**A Dog Trainer with a Difference**

**"If the water where your dog swims looks cloudy, with a green or blue-green cast, you should suspect a dangerous overgrowth of blue-green algae, and prevent your dog from ingesting the water."**

[Read more from this Special Alert from Whole-Dog-Journal](#)

## [Pet Rock Fest!](#)



What a concept! Since 1999, [Pet Rock](#) has offered a late summer venue for animal lovers, Rescues, Shelters, Humane Societies, Sanctuaries, and Animal Advocacy groups to join together in a celebration of caring, for the benefit of animal charities.

This year's event, to be held on Sunday, September 9th at Quinsigamond Community College in Worcester, Mass., will host more than 50 Rescues and Shelters, including those dedicated to re-homing [Basset Hounds](#), [Beagles](#), [Boxers](#), [Cocker Spaniels](#), [Collies](#), [French Bulldogs](#), [German Shepherds](#), [German Shorthaired Pointers](#), [Great Pyrenees](#), [Greyhounds](#), [Labs](#), [Mini Aussies](#), [Old English Sheepdogs](#), [Papillons](#),



They had never even seen an agility course before. Yet there it was, with all of the potentially intimidating elements laid out: ladder, A-frame, jumps, tunnel. There was tension in the air.

But with the gentle encouragement of their benevolent instructor, **Darlynn Tracy-Oberg**, each of the months-old puppies-Labs, Golden, Poodle, Newfie, Maltese-bravely and joyfully tackled the obstacles and looked like pros in the making.

It was Puppy Graduation night at [The Right Paw](#) in Princeton, Mass.

Just seven short weeks before, these canine toddlers had come, with their people, and with their trust, to receive a basic behavioral foundation from Darlynn Tracy-Oberg, who has been gently and joyfully training dogs and humans to work in partnership for almost 20 years. A member of the [Association of Pet Dog Trainers](#), Darlynn has strong credentials as a canine educator and coach, and her graduates (of which my Springer, Tish, is one!) attest to the success of her methodology, which combines communicating clear behavioral expectations with lavish encouragement and praise (often in the form of food rewards).

The effectiveness of Darlynn's "lure and reward" system was in evidence during the puppy agility challenge. Each of the young dogs was coaxed and cajoled by their handlers (who included both parents and children) with small yummy tidbits--the pot of gold at the other end of the tunnel. There were no harsh words, and no forcing or yelling or accusations of blame. The puppies and their people performed as a team, with each member having a stake in their mutual success. There were smiles all around as each one of the canine youngsters successfully completed the course. They all finished with the feeling that if they could do this, they could do anything! Both the animals and the people graduated from this ["kindergarten"](#) with a feeling of confidence, pride, and accomplishment, and with an excellent foundation from which to take the next steps in

[Rhodesian Ridgebacks](#), [Rotties](#), [Saint Bernards](#), [Springer Spaniels](#), and [White Shepherds](#).

You can see them all, as well as proud canines of mixed lineage, during the "Adoptable Dog Parade."

*Animal Translations* is proud to be a supporter of this year's [Pet Rock Fest!](#)

### [Quick Links...](#)

[Animal Translations](#)

[Animals in Translation](#)

[Animal Reiki Source](#)

[Boston Baked Bonz](#)

### [Healing Touch for Animals](#)

[How to Choose a Dog Trainer](#)

[HSUS Pet Food Safety Center](#)

[How to Move Your Pet Safely](#)

[King's Cookies: A Retired Thoroughbred Finds a Home and Escapes the Slaughterhouse](#)

[Missing Cat Assistance Network](#)

[MSPCA Walk for Animals, Sept 9, 2007](#)

[Old Friends](#)

[The Right Paw](#)

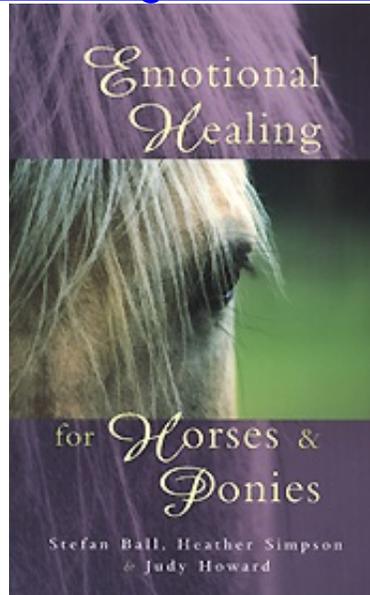
[Traveling with Fluffy or Fido? Be Prepared](#)

**DO YOUR CATS GO OUTDOORS?**

their training.

[--Continued--](#)

## [Emotional Healing for Horses and Ponies](#)



If your horse's behavior has you stymied, and the tried and true training techniques have failed to yield results, this book may help.

[Emotional Healing for Horses and Ponies](#) sheds light on the equine view of the world, which is often so very different from our own. Authors Stefan Ball, Heather Simpson, and Judy Howard remind us that most of all, horses are prey animals, and everything they think and feel is filtered through that prism.

They address a host of what we often perceive as difficult or puzzling behaviors, not only explaining the horse's perspective but offering specific advice on the appropriate uses for the various [Bach Flower Remedies](#), which work on a vibrational level to bring emotions into balance.

Among the common dilemmas they address are trailer and travel problems, fear and anxiety, boredom, aggression, and grief. Rather than simply prescribing one particular remedy as a cure-all for a particular situation, the authors stress the importance of understanding the root cause of the behavior, because there are subtle nuanced differences in the ways in which each remedy will affect the nervous system.

For example, if a horse is fearful of entering a trailer for no apparent reason, *Mimulus* might be helpful. If you know that the horse's refusal is a result of a previous traumatic experience, then you might try *Star of Bethlehem*. If the horse is simply balking because of wariness of a new experience, then *Walnut* might be in order. Or if a horse panics and completely loses control, [Rescue Remedy](#) could be just the thing to ease the stress.

The authors provide a glossary of the vibrational qualities and equine uses for each of the 38 [Bach Flower Remedies](#), with



[Participate in the current survey!](#)

Having lost four outdoor cats to predators or accidents, this is a question that has plagued me for years.

[What's your opinion?](#) I'd love to hear your thoughts and hope you'll share your own experiences as to what works for you and the cats with whom you share your home.

## [Healing Touch for Animals](#)



### **Comes to Massachusetts!**

New England-based animal lovers will have the opportunity this fall to learn [Healing Touch for Animals](#), an energy-based series of techniques that can be used to assess and help animals who have health and behavioral issues, pain, separation

advice as to how to administer them. They have packed this slim volume with dozens of stories and examples of how the remedies, coupled with other types of intervention, can ameliorate "the stress of living with people." If you own or work with horses, it's an invaluable guide.

## **This Month's Animal Communication Tip**



### **How Telepathy Can Ease the Stress of a Move**

*Planning a move? If you're concerned about how your cat, dog, horse or bird will handle the change, you can use telepathy to prepare them for what to expect.*

Starting a week or so before the physical relocation, start sending vivid visual images of the new place (interior and exterior of the home, barn, grounds, pasture, and driveway) to your animals.

Make sure that your mental pictures are accompanied by reassuring and even joyful messages, letting your animals know that they will be going to a wonderful new home, and showing them exactly what it will look like. Emphasize that they will be very happy there, and that you will be there with them. You are all going together and everything is going to be fine. This new home will be even better and more comfortable than where you live now.

I tried this technique with my newly adopted mare, Hayley, the night before she was to be shipped to her new home in Harvard from the Bay State Equine Rescue barn in Oakham, Mass. We were all concerned that the change of venue would be a very stressful event, so I sent Hayley telepathic "pictures" of the beautiful paddocks and the new horses who would be welcoming her.

When she arrived in Harvard, much to everyone's amazement, she simply stepped off the trailer, looked around as if she recognized the surroundings, and calmly began to graze, as if she knew perfectly well where she had landed.

anxiety, or who are victims of accidents or injuries.

This widely respected healing method is taught in a series of four weekend workshops, in which participants get hand-on experience in assessing dogs' and horses' energy fields and in practicing proven techniques for balancing their chakras and releasing blockages that could be interfering with their well-being.

The upcoming Level I workshop will be held from Friday evening through Sunday, **September 21-23, 2007**, at a canine facility in Auburn, MA and at a stable in Hudson MA.

\*\*\*

*I took the Level I workshop in May, and loved it! I'll be taking Level II in November (more details in the next newsletter!)*

[Join Our Mailing List!](#)

## Upcoming Events

[Taking Action for Animals Conference](#)  
[July 28-30](#)  
[Washington DC](#)

[Cape Cod Whale Fest](#)  
[Benefit for IFAW](#)  
[August 8, 2007](#)

[Pets in America](#)  
[Exhibit](#)

[Saratoga 2007 Race Meeting](#)  
[July 25th -](#)

Hayley had clearly seen the telepathic images I had relayed to her in advance of her arrival, and her ability to do so had helped ease her transition to her new "digs."

To help de-stress your dogs and horses at the time of a major move, it can help to add the Bach Flower Remedy, *Rescue Remedy*, to their water. For horses, add 10 drops to their water bucket, beginning a few days prior to the actual relocation, and continuing for at least a week or so after they have settled into their new home.

For dogs, mix about 4 drops of *Rescue Remedy* with spring water in an eyedropper-sized bottle. Add several drops of the diluted mixture to their water, both before and after the move. This gentle essence can soothe frazzled emotions during transport and resettlement and help animals take their change of residence in stride.

## Your Stories About Animals and the Afterlife



### *What Happens to Animals After They Die?*

This question was the theme of the informal poll that I've been running on the [Animal Translations](#) website during the last two months.

Well, the results are in!

A full 75% of those who responded believe that animals have a spirit which lives on, after death. Not only that, but these respondents also said that they had received a tangible sign--such as a sound or smell--of their animal's presence, and had even experienced a visitation from their animal in spirit form.

Interestingly, the most common sign of an animal's continued existence came in the form of a distinctive sound (such as the gentle jingling of the collar tags that I had heard after my Springer, Randy, had died).

[Sept 3rd, 2007](#)

[Farm Sanctuary's New  
York "Hoe Down,"  
August 4-5, 2007](#)

[Pet Rock Festival,  
September 9, 2007](#)

[Your Pet's Death:  
Bridging the Gap  
Between Now & the  
Hereafter, October  
17, 2007](#)

And now, a word from  
our sponsor. . .

My fee for a consultation is  
\$65.00 as of July 1, 2007.

There are discounts for  
multiple animals, and I  
continue to offer my  
services at no charge to  
Humane Societies and  
Rescues.

One said, "My first cat had to be euthanized as a result of a serious illness. She wore a bell on her collar, and maybe 2 weeks or a month after she was gone, I swear that I could hear that bell! I sensed her in the room with me."

Another recalled, "Almost a year after my dog was gone, I heard his collar tags jingle, and my other dog responded. I thought I was crazy!"

Yet another respondent recounted a childhood memory in which her beloved dog made repeated visual and auditory appearances. "I was about 5 years old when our dog passed away. Everyone was crying. The next few nights I saw her in my room and she left by going out my window. This happened for a few nights.

"She had a metal chain around her neck that would make a sound when she laid down. When she came to visit me she would stay beside my bed. My mother asked me a short time after if I missed her, but I said, 'no,' since she would come to visit me at night. My mother told me much later in life that she and my father thought they heard her chain hit the floor shortly after she passed. They both thought they were just imagining it. I firmly believe that she came back to see me. It's a fantastic feeling."

*There are so many ways to communicate with animals, as these stories attest.*

*I use [telepathy](#).*

*If you think that you and your animal would benefit from a telepathic consultation, please drop me a note or give me a call.*

**Until next time!**



**Maureen Harmonay**  
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