



"Believe, Be Open, Be Willing to be Surprised!"

What's Up With Animals?

The Bimonthly Animal Communication Newsletter

March 2007

Highlights

Upcoming Events
Meet Donna White
Meet Marta Williams

Remembering Randy



1991-2007

With tears in my heart, I dedicate this edition of *What's Up With Animals* to my beloved Springer Spaniel, Randy, who died on February 27, 2007.

Randy was discarded by his original family when he was 12 years old, but was lucky enough to be taken in by [New England English Springer Spaniel Rescue](#), for whom I serve as an Adoption Coordinator. I drove up to Vermont on a warm November day in 2003 to adopt him, and during the ensuing 3+ years, he proved himself to be a loyal and loving companion, a wise teacher of patience and compassion, and most

Greetings!

I'm so pleased to send you the inaugural issue of *What's Up With Animals*, my bimonthly animal communication newsletter, written from my heart to yours.

I hope to share tips and stories that will help you with your animals, provide news of upcoming workshops, and go "behind the scenes" with interviews and information about people and programs whose goal is to enhance the lives of our creature companions.

I know you share that goal, and I send this newsletter in a spirit of gratitude for the animals who bless our lives each day.

Maureen Harmony

Meet Donna White, White Haven Farm



When I caught up with Donna White on a cold winter afternoon

of all, a messenger of joy.

Randy was deaf, but I never saw him feel sorry for himself. Quite the contrary! He was a dignified gentleman, always happy to be part of the crew at my home, and I often saw my cats sidle up to him to bask in his gentle aura. Randy had a kind, wonderful spirit, and a strong will to live, in spite of his advancing age, which increasingly brought its physical challenges.

He was a precious gift, and it was with tremendous anguish that I made the terrible decision to help him leave his body when it suddenly became apparent that suffering would blanket the rest of his days.

Through my deep sadness, I am so grateful to Randy for opening my heart. He will always have a cherished place there.

Randy's passing from this earth reminds me that we are blessed, every single day, to have time we can enjoy with each of our animal friends. They will leave us much too soon, no matter how long they live.

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[Safergrass.org](#)

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[Loss Support Group](#)

[Healing Touch for Animals](#)

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[How to Have a Healthy Dog](#)

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[PetBehaviorProblems.com](#)

[Debra's Natural Gourmet](#)

Learn Healing Touch for
Animals



Healing Touch for Animals® (HTA) is a bio-field energy-medicine modality combining philosophies, techniques and applications to promote energy balance and healing of our animals.

This program introduces holistic concepts to assist with injuries,

in February, she confided that she had finished her regular [Buckeye](#) grain order just 12 hours earlier--at 1:30 in the morning.

Donna runs the legendary [White Haven Farm](#) in Upton, which specializes in grain, supplements, mats and other supplies that have met Donna's rigorous personal standards for excellence, value, and effectiveness. Although the retail outlet of White Haven is ostensibly open only on Tuesdays, Thursdays, and Saturdays, it's obvious that Donna puts in long hours to run the store and its companion mail order business, which serves customers throughout the U.S. For 26 years, she has devoted herself to helping people solve, manage, and prevent health problems in their horses, and she readily admits that "it's never been about the money."

Donna has developed a reputation as the "go-to gal" for questions about the management of [Cushings Disease](#), an incurable and potentially debilitating condition caused by a benign hormone-secreting tumor on the pituitary gland, which contributed to the death of her beloved pony, Mac, some years ago. She subsequently scoured the literature for information about effectively treating horses with Cushings, and worked with [Emerald Valley](#) when they released their product [Evitex](#), which had been tested on Cushings horses with positive results. The product produced such gratifying results that local equine veterinarians began referring their Cushings patients to White Haven Farm, knowing that Donna would be able to design a regimen of diet and supplements that could potentially add years to an affected horse's life expectancy.

She also researched a sometime Cushings precursor, [laminitis](#), and discovered the pioneering work of Dr. Robert Eustace and the [Laminitis Trust](#) in the UK. Dr. Eustace has since conducted clinical trials on the therapeutic efficacy of Chasteberry infusions, such as [Evitex](#), for the support of equine pituitary function.

Unlike Cushings, laminitis (founder) due to overfeeding or misfeeding is preventable, and Donna has become a crusader in the battle against this painful and sometimes fatal inflammatory condition of the feet, which recently claimed the life of [Barbaro](#).

[Continued...](#)

This Month's Animal Communication Tip



Spend quiet time together

We are all so maddeningly busy that the time we spend with our animals tends to be taken up by the "must do's."

Your cat, dog, horse, bird, goat or hamster must be fed,

illness, surgeries, wound healing, pain control, disease prevention, behavioral problems and stress-related issues such as separation anxiety.

If you'd like to learn HTA, you'll have a convenient opportunity to do so during a [Level I workshop on May 4-6, 2007](#), to be held in the greater Worcester area. The Introductory session on Friday night and the full-day Canine Workshop on Saturday will both be held at [The Bancroft School of Massage](#) in Worcester; the location of the Sunday clinic, which is devoted to horses, will be announced. To become a certified practitioner, you must complete four weekend workshops, and fulfill other requirements.

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Upcoming Events

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[NEADS Puppy Petting Day](#)
[Marta Williams Workshops in Salem MA](#)
[Bay State Equine Rescue's Winetasting](#)
[Parelli Tour Mass. Dates](#)
[Interior Design with Pets in Mind](#)
[Pets in America Exhibit](#)
[Free Pet First Aid Classes](#)

watered, exercised, groomed, trained, and seen by the vet for periodic checkups. There are occasional cuts and bruises that must be attended to, and trips to the pet store or grain mill to pick up food, bedding, and supplements.

It's our love of our creature companions that motivates us to spend our time and money and energy to ensure that they have a comfortable, happy life, and it's gratifying to be able to accomplish this much.

But if you aspire to open up the telepathic channels of communication with your animal, the best thing you can do is to **stop**.

Sit with her, breathe with her, and let silence reign for as many precious minutes as you can afford. Consciously open your heart, and your mind, and then let what will be, be. *You may be surprised at what you hear.*

Marta Williams to Teach in Salem



Noted animal communicator [Marta Williams](#), author of [Learning Their Language](#), will be teaching a series of workshops in Salem, from March 23-28, 2006.

If you have ever wanted to try to learn telepathic animal communication

but didn't want to have to spend a fortune to travel half-way across the country to study with one of the best, here's your opportunity. Marta Williams is one of the best, and she'll be running workshops in Basic and Advanced Animal Communication at the [Goddess Treasure Chest](#) bookstore in Salem for six consecutive days. Topics include: *Talking with Nature*, *Death and Dying and Beyond*, *Talking with Horses*, and *Medical Intuition*.

There are so many ways to communicate with animals, as these stories attest.

I use [telepathy](#).

If you think that you and your animal would benefit from a telepathic consultation, please drop me a note or give me a call.

Until next time!



Maureen Harmonay

[Animal Translations](#)

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