



"Believe, Be Open, Be Willing to be Surprised!"

What's Up With Animals?

The Bimonthly Animal Communication Newsletter

May 2007

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Circle of Remembrance

With heartfelt sympathy to friends and clients who have recently lost their beloved animal companions, I offer this space to briefly celebrate and remember their all-too-short lives here on this earth.



Ricky

1992 - 2007

When I think of my Ricky boy, I think of love. Not only was he the most handsome boy, but he was sweetness in a bundle of fur.

He was my shadow, following me

Dear Maureen,

Welcome to the May issue of *What's Up With Animals*, my bimonthly animal communication newsletter, written from my heart to yours.

Beginning with this edition, I have invited clients and friends to write tributes to their cherished animals who have recently passed into spirit. I have been privileged to communicate with many animals who are no longer in their bodies, and it is always comforting for people to learn that their friends are still very much alive and aware of what is going on here.

My wish is to provide information about people and organizations who are working to help, comfort, or save animals, and also, to share tips and stories that will help you to become empowered to communicate with your own creature companions.

I know you share that goal, and I send this newsletter in a spirit of gratitude for the animals who bless our lives each day.

Maureen Harmonay

from room to room, completely content just to be near me.

He was my "nurse puppy" when I had painful handsurgery and was there to cheer me up whenever I was low.

All I had to do was look at Ricky or touch his head, give him a treat, or take him "walkies," and life was good.

I see him everywhere in the house and I feel him with me all the time. There was never a more perfect puppy and I will treasure forever the joy he brought to my life. Every time I think of him I smile and cry at the same time.

There was never a puppy who gave and got more love. Stephen, his sister, Lucy, and I miss his sweet presence every day.

Donald MacLachlan



Rosie
1999-2007

Rosie joined our family in January, 2000, when she was 5 weeks young. She was the sweetest puppy in the litter and we fell in love with her right away.

Rosie loved spending the summers at Silver Lake in Madison, NH. She would sit at the helm of our kayaks every day and enjoy the sun and fun as we paddled around. Everyone recognized her and her yellow lifejacket. She had the most amazing balance as she hopped from kayak to kayak.

Rosie had such a strong and loving spirit. You could peer deep into her eyes and she would melt your heart. She had such seriousness about her and her work as our protector, guardian, and constant companion. It was so much fun to just sit and BE with her.

As much as we anticipated Rosie being with us for many years to come, her body told us otherwise. She had some health challenges and when they took center stage, we couldn't bear to see her suffer. After watching Rosie bid her farewell to the trees, the woodland animals, the earth spirits and the wind one day, we knew her time with us was coming to an end. When her body began to shut down, we knew we had to let her go.

How it broke our hearts! We are grateful that we got a chance to say

Animals and The Afterlife



About two weeks after Randy died, I heard the distinctive sound of metal tags jingling from a dog's collar, when I was out in the yard. I would look around, expecting to see a neighboring dog poking around at the boundaries of our property, but no one was there. This happened on several occasions.

I was puzzled, but didn't think much about it, until one day, when I was on my morning walk, on a beautiful country road a few miles from my home, I heard the jingling again. I was surrounded by open fields, with no animals in sight. And then I remembered something I had been told by another animal communicator whom I had consulted after Randy's death.

She told me that Randy had let her know how happy he was to be able to accompany me on my walks now, something that he had not been able to do when he was in his body, which had become increasingly arthritic. I suddenly realized that the jingling dog tags were Randy's, and they were his way of reassuring me that he was really still with me, after all.

After-death experiences like this are chronicled by Kim Sheridan in her heart-warming book, [*Animals and the Afterlife: True Stories of Our Best Friends' Journey Beyond Death*](#). It is a "must read" for anyone who is mourning the loss of a beloved animal companion, or for those who wonder what happens to the spirits of animals after the death of their physical bodies.

[--Continued--](#)

This Month's Animal Communication Tip



Your Animals can pick up your thoughts!

I recently communicated with a cat, Vito, who told me that his people were thinking of adding another feline to the household. Vito was one of two Maine Coon-cross brothers, one of whom had been diagnosed with a potentially life-threatening condition.

goodbye and hold her in our arms as she returned to "doggie heaven" on March 20th, 2007. We are also grateful for the fond memories and happy times we shared. Rosie will always have a special place in our hearts.

Although she spent only 7 short years with us, it was a remarkable lifetime.

Peg Donahue

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[Riding with Barbaro](#)

[Safer Pastures Equine Rescue](#)

Learn TTouch for Horses



[TTouch](#) founder **Linda Tellington Jones** will be teaching a [5-day TTEAM Training with Horses workshop in Conway, MA from June 23-27, 2007.](#)

The TTEAM training approach encourages optimal

Vito's people hadn't mentioned a word to me about another cat, but I listened carefully when Vito told me that he was aware of such a plan, and that he had definite ideas about it. He clearly let me know that he wouldn't want another male in the family, but might consider welcoming a young female.

When I relayed Vito's comments to his people, they were initially surprised, because they had never actually talked about the idea of adding a new cat in Vito's presence. But they admitted that they had been thinking about it, and that they had even discussed it by telephone with their vet, but not from their home. They had been careful not to say anything out loud, not wanting to upset Vito, or his brother, Joe.

It didn't matter. Using his telepathic prowess, Vito had picked up his people's intentions, in spite of their best efforts to conceal them.

It's difficult to keep secrets from your animal companions, and while they are not tuned into every thought that runs through your mind, they are often quite aware of ideas or plans that could directly affect them. You can use this knowledge to intentionally send positive messages, or to give them advance notice of upcoming changes or events. You can also use your own telepathic abilities to support your animals when they are not feeling well by visualizing them as healthy and happy. *You may be surprised at how well they respond.*

[Preventing and Recognizing Bloat](#)



I was woefully ignorant about [bloat](#), when it struck, without warning, and claimed the life of my dear Springer Spaniel, Randy.

I didn't recognize the [telltale signs](#): drooling, panting, walking in circles, pale gums with barely discernible capillary refill, and most significantly: attempts to vomit with nothing coming up.

I only knew that something was terribly wrong, and I rushed Randy to the all-night emergency vet, hoping that there was a relatively benign reason for his frantic symptoms, but never guessing for a minute that this trip would be Randy's last.

Bloat is the common term for [Gastric Dilation and Volvulus \(GDV\)](#), a condition that occurs when a dog's

performance and health and presents solutions to common behavioral and physical problems.

Among the topics to be covered in the workshop are: how to apply TTEAM first aid techniques while waiting for the veterinarian; ways to speed healing and recovery from injury or illness; and the underlying reasons for issues such as nervousness, laziness, trailing problems, attitude difficulties, and stiffness, and how to resolve them in a safe and positive way.

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Upcoming Events

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[Pets in America Exhibit](#)

[Free Pet First Aid Classes](#)

[Save A Dog's Annual Dog Walk, June 10th, 2007](#)

["A Life Changing Horse Experience," Birchwood Farm, May 13th, 2007](#)

[International Association of Animal Massage & Bodywork Annual Conference, June 15-16, 2007](#)

And now, a word from our sponsor. . .

My fee for a consultation will be \$65.00 as of July 1, 2007.

There will be discounts for

stomach becomes distended with gas, food and/or liquid. In advanced cases, the stomach twists or flips in such a way that it can cut off the blood supply to other vital organs. [Bloat is a leading cause of death in dogs, second only to cancer.](#)

[The onset of bloat is a life-threatening emergency](#), requiring immediate surgical intervention. It is more common in male dogs, and in deep-chested breeds such as Great Danes, Irish Setters, and St. Bernards, and is more likely to occur in older dogs.

It is believed that dogs who eat only one large meal a day (rather than 2-3 smaller ones) are more prone to developing bloat. [Other dietary contributors](#) include feeding dry kibble, followed by a significant quantity of water, causing the food to expand inside the stomach.

Though I have been blessed to share my life with dogs for more than 30 years, I never knew that I was putting them at risk by feeding just once a day. I now feed Tish and Ashley smaller meals at breakfast and dinner, and they seem to appreciate the change.

Just for Fun!



Do You Think Animals Have a Sense of Humor?

This question was the theme of the informal poll that I've been running on the [Animal Translations](#) website during the last two months.

Well, the results are in!

An overwhelming 92.3% of the respondents reported that they had seen their animal laugh or smile.

Almost two-thirds of those who participated in the poll expressed their belief that animals can joke among themselves.

And a whopping 84.6% not only agreed that animals do funny things to cheer up people they perceive as sad or depressed, but have actually seen this happen.

I asked responders to share personal anecdotes or stories that

multiple animals, and I will continue to offer my services at no charge to Humane Societies and Rescues.

demonstrate their animals' sense of humor or their propensity to play tricks on people to get a laugh at their expense.

One participant shared a poignant story about her dog: "Tasha was in serious condition. The vet said she had three days to live. The assistants put her on a green stretcher and took her for X-rays. Tasha had been very somber. When she returned, her head was high, she smiled and wagged her tail. I think she liked being carried on the green stretcher. I think she was saying to me, 'Look at me! I am a Queen!' Even as she was dying, Tasha could be upbeat and expressive. She warmed my heart."

Another one wryly reported: "My dog always takes my seat if I get up for five minutes and then come back."

Another canine caretaker shared: "Last night, my dog, while laying on her dog bed, lifted the carpet just enough to make a tunnel that she put her snout in. We were all seated around her in the family room. When we started laughing at her, she wagged her tail, took her head out, and yawned a big happy smile."

There are so many ways to communicate with animals, as these stories attest.

I use [telepathy](#).

If you think that you and your animal would benefit from a telepathic consultation, please drop me a note or give me a call.

Until next time!



Maureen Harmony

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