

The Animal Communication Newsletter

What's Up With Animals?™

"Believe, Be Open, Be Willing to be Surprised!"

Nov
2009



Greetings!



I wonder if you feel the same way that I do: that time is moving so fast that I can hardly keep up!

If we let them, our animal companions can create a centered space for us, a refuge from the deadlines and "must do's" that seem to devour our time. And since I adopted **Liam**, about five weeks ago, I've had to slow down a bit to keep pace with this sweet dog, who is gradually but surely coming into his own. Here he is during a recent acupuncture treatment at the [Integrative Animal Health Center](#) in Bolton.

And on the subject of holistic healing, I'm so pleased to welcome **Bethanne Elion**, author of [Memoirs of the Bathtub Psychic: The True Story of a Clairvoyant & Her Dogs](#), as my guest for the next ["Conversations with Animal Authors"](#) teleconference on **Monday, November 30th at 8:00pm (EDT)**. Bethanne is well-versed in homeopathy, and she also offers nutritional counseling for dogs, so I hope you'll tune in by calling 616-347-8100 and entering #1063739.



From now through the end of the year, I'm really pleased to announce that I'll be offering a special ["Give a Gift, Get a Gift"](#) promotion, whereby purchasers of **Animal Translations gift certificates** will receive the precious gift of a flower essence of their choice from the [Green Hope Farm Animal Wellness Collection](#). The usual price for a consultation with a flower essence is \$77; the package is just \$65 until December 31st. Just send me a note if you'd like to take advantage of this holiday offer. And if you'd like to learn more about how flower essences can help your

animals, Green Hope Farm has compiled a list of [Flower Essence Suggestions for Animals](#) that you'll find extremely helpful.

I had the great pleasure of hearing **David Frei**, Chairman of [Angel on a Leash](#), at the recent [Cat Writers Association](#) Conference in White Plains, NY. Explaining the therapeutic magic of a dog's visit to critically ill children and adults, he said, "We walk into the room with an animal, and the energy changes." It's so true. "Anyone who has a dog," he added, "knows intuitively that when you go home and interact with your dog, you feel better."



And when you go home and the dog you love is no longer there, you feel so much worse. It's with this in mind that I would like to remember **Piper**, a gallant little dog with a larger-than-life spirit, who passed from her body this weekend. I had the honor of working with her as she was preparing for her transition, and I know that her special person, Rita, is missing her terribly today.

I wish you happiness and peace and lots of love during the holiday season. Please give your animals a big hug for me.

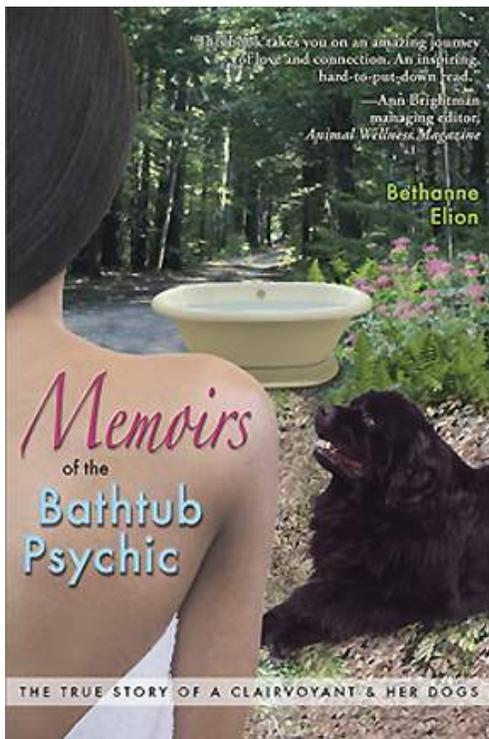
From my heart to yours,

Maureen

Book Review

Memoirs of The Bathtub Psychic: The True Story of a Clairvoyant & Her Dogs

by Bethanne Elion



Call it intuition, psychic sensitivity, or just being "tuned in," Bethanne Elion had it. But, like so many of us, she renounced her innate ability to see more than meets the eye, to perceive what was going on energetically around her, and to heed forebodings when they arose, unbidden. The results were painful, and when it came to her beloved Newfoundland, Sophie, even tragic. **Memoirs of the Bathtub Psychic** is the saga of Bethanne's personal journey to find herself again, and in the process, become the person--the healer, the seer, the gifted empath--she was always meant to be.

As far back as she could remember, Bethanne had a magical connection with animals. "It seemed that the only time I felt at home with my gifts was when I was around animals," she admits. "I intuitively knew they had an understanding of my abilities. She could mentally hear what they were thinking, as clear as day. Fearing ridicule, however, she soon learned how to sabotage her psychic perceptions:

"By immersing myself in my classwork, with music on in the background, having a few cocktails in the early evening, and leaving the television on all night while I slept, I could keep the psychic side of me at bay. Noise helped to stop the clairaudience. Drinking aided in suppressing clairvoyance. Studying nonstop made it possible for me to avoid deep or meaningful contact with others. That helped in keeping my soul from wandering off into other people, animals, or lifetimes."

Bethanne's life changed forever on the day she drove from her home in California to a dog breeder in Oregon, to pick up a seven-week-old Newfoundland puppy, whom she named Sophie. When she brought her previous puppy to get her first shots, she intuitively sensed that something terrible was about to happen, but not trusting herself, she handed Sophie over for the injections. Her big black dog was never the same after that, and within two years, she was dead.

Bethanne subsequently adopted two more Newfies, Emma and Cubby, and when they, too, experienced a series of health problems, she went for help in a different direction. She implemented the nutritional recommendations offered in Wendy Volhard's [The Holistic Guide for a Healthy Dog](#), learned everything she could about homeopathy, and her dogs improved. But when it was time for Emma to have a rabies booster, Bethanne faced it with dread, instinctively understanding that it would be the beginning of the end of Emma. Within weeks after the vaccination, Emma had developed cancerous tumors at the site of the injection. Bethanne knew that in order to save her dogs, and herself, something had to shift. She decided to move to Vermont.

It was in the quiet of rural Vermont that Bethanne began to allow herself to hear again, and to feel again, and it was there that she began to honor her psychic self by making energetic connections with animals in need. She discovered that she could home in on lost dogs and cats, vividly and accurately describing their whereabouts, but sometimes having to tell bereaved owners that their pets were not coming back. She soon learned to dread such cases.

Bethanne learned to ask permission from an animal before initiating a "conversation," and she came to understand how to distinguish the difference between "that which is symbolic and that which is real" in a telepathic interaction. She learned that some animals simply do not want to be found, and that sometimes, there is nothing that can be done to retrieve them.

Bethanne calls herself an "energy translator," explaining that she is simply a conduit for "information funneling in from the universe." What comes through most of all in this honest and sometimes searingly painful [Memoir of the Bathtub Psychic](#) is the author's absolute integrity as a searcher, as a selfless caretaker of her creature companions, and as a bona fide intuitive whose ego never gets in the way of the truth. Hers has been a jagged road, but one truly worth following.

Animal Communication Tip of the Month

HOW TELEPATHY TOUCHES ANIMALS



Something was terribly wrong with Katie. The 13-year-old golden retriever had been having frequent seizure-like episodes for several days. But even after a visit to the veterinary emergency room, there was no diagnosis, and no let-up of the gentle dog's worrisome symptoms. If anything, her condition seemed to be worsening, and her mom, Cathy, was becoming increasingly desperate. She had been up for several nights with Katie and both of them were emotionally and physically exhausted.

That's when Cathy contacted me, hoping that I might be able to connect with Katie and shed some light on what she was experiencing. Cathy also mentioned that her dog was taking some herbs, and

wanted to know whether they were doing any good.

When I communicated with Katie, I immediately felt the strength and breadth of her generous spirit, but also realized that this sensitive dog is strongly affected by the energies around her, perhaps even absorbing negative emotions and literally taking them into her body. It felt to me that Katie had been deeply troubled by some recent family event, and that it may have contributed to her health crisis. (Sadly, Cathy later told me that Katie's sister, "Allie," had died as a result of osteosarcoma earlier this year, and that Katie had never quite recovered from the loss of her cherished sibling.)

I detected some pressure on her spine (and Cathy confirmed that indeed, Katie has spondylosis). Katie let me know that she was experiencing intermittent ringing in her ears, and that she occasionally had trouble breathing. Cathy said all of that was true.

Although Cathy hadn't identified the herbs that Katie had been prescribed, or told me what they were for, Katie said that she felt they were producing a cooling effect, serving to reduce the inflammation on her spinal cord, which may have been contributing to her seizures or mini-strokes. And sure enough, Cathy acknowledged that her vet had selected a particular herbal mixture that was specifically formulated to cool the inflammation in Katie's body. Both Cathy and I were amazed at the depth of Katie's understanding.

But it wasn't until the next day, when I spoke with Cathy about the session, that the miracle of what had occurred became fully apparent. Cathy asked me what time I had communicated with Katie, and when I told her, she confided that at that precise time, Katie had gone into what had seemed to be a hazy trance-like state, not moving and not seeming to be fully present in the room. Then, at the end of our telepathic time together, Katie calmly got up, and proceeded to sleep through the night, without interruption. For the first time in days, Cathy and her beloved dog were finally able to get some rest.

In the weeks since my consultation with Katie, her symptoms have not recurred. While I cannot explain exactly what transpired between us that day, I do know that our telepathic connection helped this sweet dog to let go of the trauma that was wracking her body, and her heart. And all I can say is, I'm so grateful.

*The cases discussed here are real, but to protect their privacy, I have changed the names of my clients and their animals.

A Word of Thanks From an Appreciative Client

I recently had the honor of talking with a Standardbred gelding, **Wills**, who found an angel in the guise of **Nancy Kitchen**, who had discovered him living in unfortunate circumstances and brought him

home as her own.

Some of his past experiences had robbed Wills of his confidence, but Nancy was working with loving kindness to rehabilitate this gentle horse and free his spirit. She contacted me to find out how he was doing, and whether he was happy in his new surroundings.

QUICK LINKS

[Animal Translations](#)

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[Animal Communication Book Club](#)

[Animal Communications Forum](#)

[Animal Empathy Imprints](#)

[Fast New England](#)



Wills was open in sharing his thoughts, and he also showed me images of some of his antics, confiding that he would love to stay with Nancy forever, if she would have him. He'd been traded around to many other homes in the past, and hoped he'd never have to face those kind of changes again. And now, of course, he won't.

After my session with Wills, Nancy wrote:

"I just finished reading your report. . . You are pretty good at what you do!

Thanks so much for your help and suggestions."

**Nancy Kitchen
Massachusetts**

The Animal Communication Book Club

Join me for the next "Conversations With Animal Authors"
with Bethanne Elion, Author of *Memoirs of the Bathtub Psychic*
Monday, November 30th, 2009 at 8:00pm (EDT)



I'm so pleased to have **Bethanne Elion** as my guest for the next "[Conversations with Animal Authors](#)" teleconference.

Bethanne will discuss her recently released book, [Memoirs of the Bathtub Psychic: The True Story of a Clairvoyant & Her Dogs](#).

As a gifted animal intuitive with an indepth knowledge of homeopathy and nutrition, Bethanne brings an important and often unconventional perspective to the subject of how we can best care for our creature companions.

Please join us by dialing **616-347-8100** and entering **PIN #1063739** at 8:00pm. If you are not able to participate live, I'll be posting an archived version of the teleconference on [The Animal Communication Book Club](#).

UPCOMING EVENTS

Homeless for the Holidays

MSPCA Adoption Center
Jamaica Plain, MA
Dec. 9-10, 12-13, 2009

Conversations with
Animal Authors
Lynn Reardon, Author
Beyond the
Homestretch
December 29th, 2009

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What's Up With Your Animals?



There are so many ways to communicate with animals, as these stories attest. Animals are natural telepathic communicators, and it's because they're so good at it that I can "hear" them.

If you think that you and your animal would benefit from a [telepathic consultation](#), please [drop me a note](#) or give me a call.

Until Next Time!
Maureen Harmonay


Animal Translations
The Magic of Animal Telepathy

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