

The Animal Communication Newsletter



What's Up With Animals?™

"Believe, Be Open, Be Willing to be Surprised!"

October
2008



Greetings!

Happy Halloween, everyone!

Welcome to all of my new subscribers this month!

I was pleased to have the opportunity to be the featured speaker at this month's "**Whiskers and Tails**" lecture series, sponsored by the [Merrimack River Feline Rescue Society](#) at the Newburyport Public Library. It was great to meet everyone!

My "October Surprise" had nothing to do with the upcoming election! On the morning of Friday, October 17th, I heard the unmistakable peep-peep-peep of new baby chicks! Uh oh! I had noticed that Dora was sitting on some eggs, but never for a minute imagined that they would hatch! Welcome to little **Freddie** and **Ginger**, who are doing just fine!



A few days after Freddie and Ginger arrived, though, I was very sorry to lose **Blondie**. She hadn't been herself for a few days, and died quietly in her sleep. I'm afraid that she may have been stressed by the move from her previous home, and I'll miss her adorable personality.

Among my new initiatives in the last month is the debut of my [Animal Communications Discussion Forum and Bulletin Board](#), which I cordially invite you to join! You can find it [here](#), or on [my site](#). It's a place where I'll be posting interesting articles and news about animal communication, animal advocacy, equine rescue, or upcoming events, and you can, too! Registration is free and I hope you'll visit frequently. We all have a lot to share.



And I'd like to share with you my support for the latest [anti-slaughter](#) initiative and ask you to get involved by taking a minute to [sign a petition in favor of proposed federal legislation that would "protect American horses from being acquired for the purpose of slaughter for human consumption and prohibit their inhumane transport cross country and across our borders to a horrible death on foreign soil."](#)

There is no greater cause, as far as I am concerned.



From my heart to yours,

Maureen

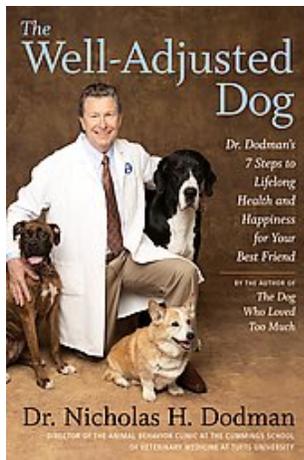


Book Review

The Well-Adjusted Dog

Dr. Dodman's 7 Steps to Lifelong Health and Happiness for Your Best Friend

by Nicholas H. Dodman



When dogs are behaving badly or inappropriately, their people often don't know where to turn, or what to do.

Sometimes, an animal communicator can help to assuage a conflict, ease an anxiety, or curb a bad habit by discovering exactly why the dog is doing what he's doing, from his perspective, and that "direct from the source" input can often be extremely helpful in restoring a sense of normalcy.

But for the chronic offenders, it can be useful to consult an animal behaviorist, and [Dr. Nicholas Dodman](#), Director of the [Animal Behavior Clinic](#) at Tufts University's Cummings School, is one of the best.

One of the most important contributions of his new book, [The Well-Adjusted Dog](#), is that it dispels prevalent myths and misconceptions about what works and doesn't work to curtail unwanted or destructive behavior patterns. Dr. Dodman's philosophy is simple and straightforward:

Your job as a dog owner is to try to understand your dog's life from his point of view, and to lead and protect, not to dominate, punish, and force a dog into submission. . . Real leaders do not dominate; they listen, think, and often defer. Real leaders do not intimidate; they instill confidence. . . The human-companion animal bond is not forged through the metal of the choke chain or prong collar but rather through mutual trust and respect.

Even compassionate, well-intentioned, and experienced canine caretakers may be astonished to learn that some of their assumptions about what their dog requires for nutrition, exercise and training are just plain wrong. For example, the amount of exercise a dog really needs may really blow your mind. Let's just say that a stroll around the block twice a day isn't enough.

When it comes to dogs who display territorial aggression, Dr. Dodman's pioneering research has been able to prove that there is a direct correlation between the amount of protein in a dog's diet and his tendency to lash out. In his controlled study, there was a demonstrable reduction in aggressive behavior when dogs were fed a low-protein (17%) diet:

Territorial aggression was significantly reduced on the lower-protein diets. The decrease in aggression was almost linear when plotted against protein level--less protein equaled less aggression and the finding was statistically significant. A subset of territorially aggressive dogs motivated by fear or

anxiety responded particularly well.

There are excellent chapters on "**The Fearful Dog**" ("The first rule of desensitization is not to expose the dog to whatever he fears"), "**Environmental Enrichment**" ("The worst-case scenario for a dog is to be raised alone and live alone"), and "**Healing Potions**" (When pharmacological intervention becomes the last resort).

You may disagree with some of Dr. Dodman's prescriptions (he's skeptical about the efficacy of [Rescue Remedy](#), for example), but all in all, [The Well-Adjusted Dog](#) is a practical, compelling set of recommendations for anyone who puts a premium on her dog's well-being, and I'm glad it's part of my library.

Animal Communication Tip of the Month

ARE ANIMALS PSYCHIC? OR ARE THEY JUST GOOD LISTENERS?



Cheryl, a new client, recently asked me to check in with her dogs, **Buka** and **Luca**, to find out how they were doing, and to see how they were feeling about the fact that Cheryl and her husband are expecting their first child.

The older dog, Buka, an American Staffordshire Terrier, knew all about the impending arrival of the baby, and was actually looking forward to it. Not only that, but Buka said that he could smell the baby and knew that the baby was a boy!

I had no idea if Cheryl even knew the sex of the baby she was carrying, but when I shared Buka's pronouncement, she was truly amazed. It was true. She is due to deliver a baby boy in a few months.

That led us to wonder: is Buka "psychic," meaning that he was able to intuit this information, or is he just an attentive listener who has a much larger vocabulary than we tend to give dogs credit for?

Two weeks ago, [CBS Sunday Morning](#) devoted its entire 90-minute show to the subject of animals, and they included a provocative piece entitled, "[The Intelligence of Animals: Studies, Behavior Prove There is More Going on in Animals' Minds Than We Thought Possible.](#)"

Reporter Tracy Smith asked the question, "What Are They Thinking?" And then added, "If you've always suspected that animals are smarter than they get credit for, that there's more going on behind those eyes than a desire for food or attention. . .you are not alone."

As animal lovers, we all have our anecdotal stories about the cute or amazing or even heroic deeds that our animals have performed. But what animal communicators can bring to light is the fact that animals are immensely more aware of what is going on in the minds of the people around them than researchers have yet been able to measure. And if you don't believe that, just ask Buka.

*To protect her privacy, I have changed the name of my client.

A Word of Thanks
From an Appreciative Client

QUICK LINKS



Duke

is a "minpin" who died suddenly last June. I was asked by his person, **Leslie**, to contact him in spirit. After the session, Leslie wrote:

"I was absolutely floored--and moved to tears--by some of the information you were able to provide.

The entire experience was very positive, very healing.

You have a very special, truly incredible gift and I thank you for sharing it with me."

**Leslie Collins
Claremont NH**

[Animal Translations](#)

[Animal Translations
Blog](#)

[Animal Communications
Forum](#)

[Animal Empathy
Imprints](#)

[FAST New England](#)



Last Issue's Survey Results

Can Animals Communicate with One Another?

100%respondents answered a resounding "Yes!"

And what great stories they had to tell!

Everyone who participated said that they'd observed that animals can have real friendships, and more than three-quarters said that they had witnessed animals actually exchanging information with one another.

In some cases, the animals worked together for a good cause:



"Five new mother cats nursing their newborns took on five older motherless kittens. They seemed to decide among themselves who would take care of who. One mother gave her newborns to the other four mothers, and took on the abandoned kittens. They have been the most wonderful example of selfless motherly love I have ever seen. All are doing beautifully."

Another person mentioned, admiringly:

"I've seen a blind dog be guided around by a sighted dog."

And there was evidence that animals will cooperate to thwart the wishes of their human caretakers for what they perceive as the common good:

"At one barn, my horse, Dreamer, held down the electric fence with his foot while his paddock mates escaped."

[Participate in our New Survey](#)

As always, the results will be shared in a forthcoming issue.



Can Animals Understand the Meaning of Your Words?

Have you ever noticed that your animal companions understand exactly what you're saying, regardless of what language you speak?

How do you know? Can you cite specific examples?

Have your animals ever behaved in an unusual or distinctive way because they understood something you said to another person?

Can you share a funny or interesting or astonishing anecdote to demonstrate how animals' comprehension of our spoken language often transcends our stereotypes and expectations?

I'd love to hear about your experiences! Please share your opinions and stories--they'll be summarized in next month's issue!

[▶ TAKE THE SURVEY NOW](#)

"How to Talk to Your Animals"

Using everyday language and telepathic language to talk to your pets and influence their behavior

Saturday, December 6th in Princeton



Please join me, and noted Dog Trainer and Behaviorist **Darlynn Tracy-Oberg** of [The Right Paw](#) Obedience School in Princeton, for our seminar on **"How to Talk to Your Pets and Influence Their Behavior"** using both spoken commands and body language, and silent telepathic messages.

The three-hour event will be held on Saturday morning, December 6th, at The Right Paw on Rte. 62 in Princeton.

All participants will have the opportunity to enter to win a [free animal communication consultation!](#)



A \$6.00 donation is requested, with all proceeds going to one of three local animal charities (at the donor's choice): [NEADY Cats](#), [Save A Dog](#), or the [Worcester Animal Rescue League](#).

Seating is limited to please let me know if you plan to attend!

UPCOMING EVENTS

How to Talk to Your Animals

Princeton, MA
December 6, 2008

[Click here to subscribe
to this newsletter](#)

What's Up With Your Animals?



There are so many ways to communicate with animals, as these stories attest. Animals are natural telepathic communicators, and it's because they're so good at it that I can "hear" them.

If you think that you and your animal would benefit from a [telepathic consultation](#), please drop me a note or give me a call.

Until Next Time!
Maureen Harmonay

Animal Translations
Telepathic Animal Communication

25 Pikes Hill Road, Sterling MA 01564
Phone: 978-502-5800

Email: MHarmonay@AnimalTranslations.com